

# Doctor's Note

**DATE:** \_\_\_\_\_

**ELF'S NAME:** \_\_\_\_\_

The Elf above was examined at SE Texas ER & Hospital and has been diagnosed with a case of Reindeer Influenza. This form of flu cannot be transferred to humans or pets, but precaution must be taken!

Help prevent the spread of Reindeer Influenza by:

- Washing your hands thoroughly.
- Coughing and sneezing into tissue or center of elbow.
- Keeping your hands out of your eyes, nose, and mouth.

We order this Elf to **3** days of bed rest. They are not to move locations, fly to the North Pole, drink syrup, eat candy canes, dance, or partake in any mischief for four days.

This Elf can still take notes during their recovery and report back to Santa Claus after day four of total rest.

SINCERELY,

*Dr. Hemmert*